

<b>NEGATIVE EGO BASED FEAR</b>	<b>SPIRITUAL POSITIVE /LOVE</b>
Hate	Love
Attack	Love
Grudges	Forgiveness
Judgment	Compassion, understanding
Guilt	Innocence
Pessimistic	Optimist, opportunity to grow
Self pity	Responsibility
Anger	Forgiveness
Doubt	Knowing, self belief
Suffering	Joy, happiness
Struggling	Joy, happiness
Attachment	Detachment
Sin	Mistake
Jealous	Wholeness, completeness
Resentment	Forgiveness
Self punishment	Self love
Impatient	Patient
Victim/martyr	Master, creator
Reacts	Responds
Needy, dependency, clinging	Wholeness, makes choices
Vulnerable	Strong, self centered (centered in self)
Defensive	Love
Insecure	Confident
Moody	Happy
Rejection	Acceptance
Compares	Secure
Lonely	Whole in self
Arrogant	Humble
Aggressive	Assertive
Fear of failure	Successful
Conditional love	Unconditional love
Despair	Hope
Illusion	Truth
Intolerant	Tolerant